Name: For Week Beginning:

Weekly Hours: Cumulative Hours:

1. Summarize the activities/progress of this week.

2. Briefly, what goals/tasks have you sent for yourself next week?

3. Briefly, discuss the satisfactions or successes gained from you experiences during this past week.

4. Indicate any challenges/problems that you have encountered this week. Were you able to resolve them?

 If so, how? If there were none, leave this section blank.

5. Additional Comments (If none, leave blank):